

You're In Charge®

# Impact of Alzheimer's disease reaches beyond the elderly

Longevity is one of the biggest risk factors for Alzheimer's disease. The expectation is that the prevalence of Alzheimer's will escalate rapidly as baby boomers age into their 70s, 80s and 90s. Learn about the impact of Alzheimer's disease and understand the value of planning ahead.

Alzheimer's is a degenerative brain disease<sup>1</sup>

### 5.7 million **Americans**

have the disease



Projected to grow to

Every 65 seconds. an individual is diagnosed with Alzheimer's





It has no cure and there are no survivors

#### Alzheimer's is the most common cause of dementia



There are 10 signs of Alzheimer's disease.3 Most commonly, patients experience a decline in:









The average years an Alzheimer's patient lives after being diagnosed4

## 16.1 million **Americans**



provide unpaid care for people with Alzheimer's or other dementias<sup>5</sup>



These caregivers provided an estimated

\_4 BILLION HOURS of care valued at over \$232 BILLION



### The value of planning ahead

Plan for your financing of this care before potential signs of dementia occur

Learn what types of care you may prefer

Avoid emotional and crisis decision making

Exercise foresight regarding family care

Learn more about brain health and early detection of Alzheimer's at ALZ.org

- Alzheimer's Association, "2018 Alzheimer's Disease Facts and Figures," *Alzheimer's & Dementia*, https://www.alz.org/media/HomeOffice/Facts%20and%20Figures/facts-and-figures.pdf, 2018.
- <sup>2</sup> Alzheimer's Association, "What Is Alzheimer's?" alz.org, http://www.alz.org/alzheimers\_disease\_what\_is\_alzheimers.asp, 2017.
- <sup>3</sup> Alzheimer's Association, "10 Early Signs and Symptoms of Alzheimer's," alz.org, https://www.alz.org/alzheimers-dementia/10\_signs, 2018.
- <sup>4</sup>Alzheimers.net, "Alzheimer's Statistics," https://www.alzheimers.net/resources/alzheimers-statistics/, 2017.
- <sup>5</sup>Alzheimer's Association, "2018 Alzheimer's Disease Facts and Figures," *alz.org*, https://www.alz.org/media/Documents/alzheimers-facts-and-figures-infographic.pdf, 2018.

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